

Compassionate care at the end of life includes support for the spiritual concerns of our patients and families. Our chaplains are important members of the Hospice Care of the Lowcountry team, providing spiritual counsel and guidance to anyone who requests it.

Spiritual counseling is intended to supplement — not replace — the support and guidance of one's own ministers, rabbis, priests or other spiritual leaders or guides. We do not represent any one religion or denomination, nor do we ask that our patients specify any. We consider that all people are spiritual, whether they are religious or not.

Our services are available for those who seek to address spiritual issues with someone who has experience in this area.

**BLESSED ARE THOSE WHO MOURN FOR THEY SHALL BE**

*comforted*



**OUR MISSION**

To give comfort and honor dignity for end of life patients and their families through compassionate physical, emotional and spiritual care, regardless of their financial circumstances.

**OUR PHILOSOPHY**

Hospice can't do anything about death. But hospice can do something about pain. About fear. About laughter. About comfort.

*support*  
**THROUGH GRIEF AND LOSS**

**HOSPICE CARE OF THE LOWCOUNTRY**

**843-706-2296**

7 Plantation Park, Unit 4, Bluffton, SC  
[www.hospicecarelc.org](http://www.hospicecarelc.org)

In the unfortunate death of a loved one, sometimes we don't know what to do or where to turn for help. Allow us to guide you through the bereavement process.



Hospice Care of the Lowcountry, Inc. is a registered 501-C(3) nonprofit organization. Serving Beaufort, Hampton and Jasper Counties since 1982.





## COMMITTED TO

*supporting you*

For those who are dealing with loss and life changing difficulties, counseling is available to our community through HCL's Bereavement Services Team.

We stay in touch with our patients' families for 13 months following the death of their loved one. Because that year will include many "firsts", on-going support is vital to help survivors on their path to healing.

### REACTIONS TO LOSS

- Physical symptoms
- Feelings of guilt
- Wandering aimlessly or forgetfulness
- Difficulty sleeping
- Experiencing intense preoccupation with the life of the deceased

Talking with others who empathize can be very helpful.

## BEREAVEMENT SUPPORT GROUPS & ACTIVITIES

Our Bereavement Team facilitates several different support groups that are open to the public at no charge. It makes no difference regarding whether the person who died was a HCL patient. It also does not matter how long ago the loss occurred.

### NEW BEGINNINGS

Open-ended support for anyone who has lost a loved one through death.

### BEREAVED SPOUSES

Open-ended bereavement support co-led with Dr. Owen Tucker. For anyone who has lost a loved one through death.

### PREGNANCY AND INFANT LOSS SUPPORT GROUP

Partnered with The TEARS Foundation, this group helps families who have suffered infant or pregnancy loss by easing the financial burden of memorial costs, as well as providing support through local groups and peer connections.

## ADDITIONAL DETAILS & TO RSVP

For additional information regarding any groups, sessions, or our Youth Bereavement Camp please contact us by calling 843.706.2296 or visit our website at [www.hospicecarelc.org](http://www.hospicecarelc.org).

### HEART SONGS FOR GRIEF

3-week music therapy bereavement series for children ages 6 to 12 years.

### YOUTH BEREAVEMENT CAMP

To help support children who have lost a loved one, our annual Youth Bereavement Camp provides a safe environment for children to support one another and share their feelings regarding the loss of a loved one. The one-day camp is held yearly.

### YOGA FOR CANCER AND CHRONIC ILLNESS

Restorative and gentle yoga coupled with peer support for those suffering from cancer and chronic illness. Co-led with a Certified Yoga Instructor.

To RSVP, please contact our Bereavement Services Coordinator Jenna Watkins by calling 843.706.2296 or emailing [jwatkins@hospicecarelc.org](mailto:jwatkins@hospicecarelc.org).